

Elijah and the Widow at Zarephath

Unit 1 Lesson 5



MEMORY VERSE

Psalms 55:22 Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.

VALUES FOR LIFE:

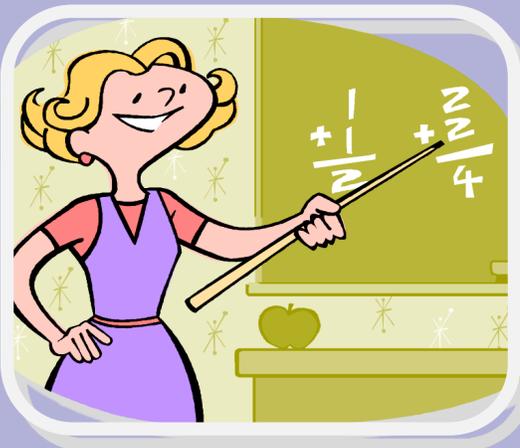
- God has a plan for each one of us.
- We should trust God at all times, good and bad.
- Always be ready to share. God will bless your giving hands, just as he blessed the widow at Zarephath.



LIFE RESPONSE/MY DECISION:

1. Where and what do you think you could share today?
2. Would you consider sharing your snack with a friend at school?
3. Would you share some of your toys with children who don't have any?
4. You can share with anyone anywhere. Start sharing here at Sunday school, church, home, school, or even when you are on vacation.

My Decision: I will trust the Lord with all my heart and lean on him always.



LESSON THEME: God sustains—He cares for those who obey His will.

AIM: WHEN IN TROUBLE, LEAN ON HIM



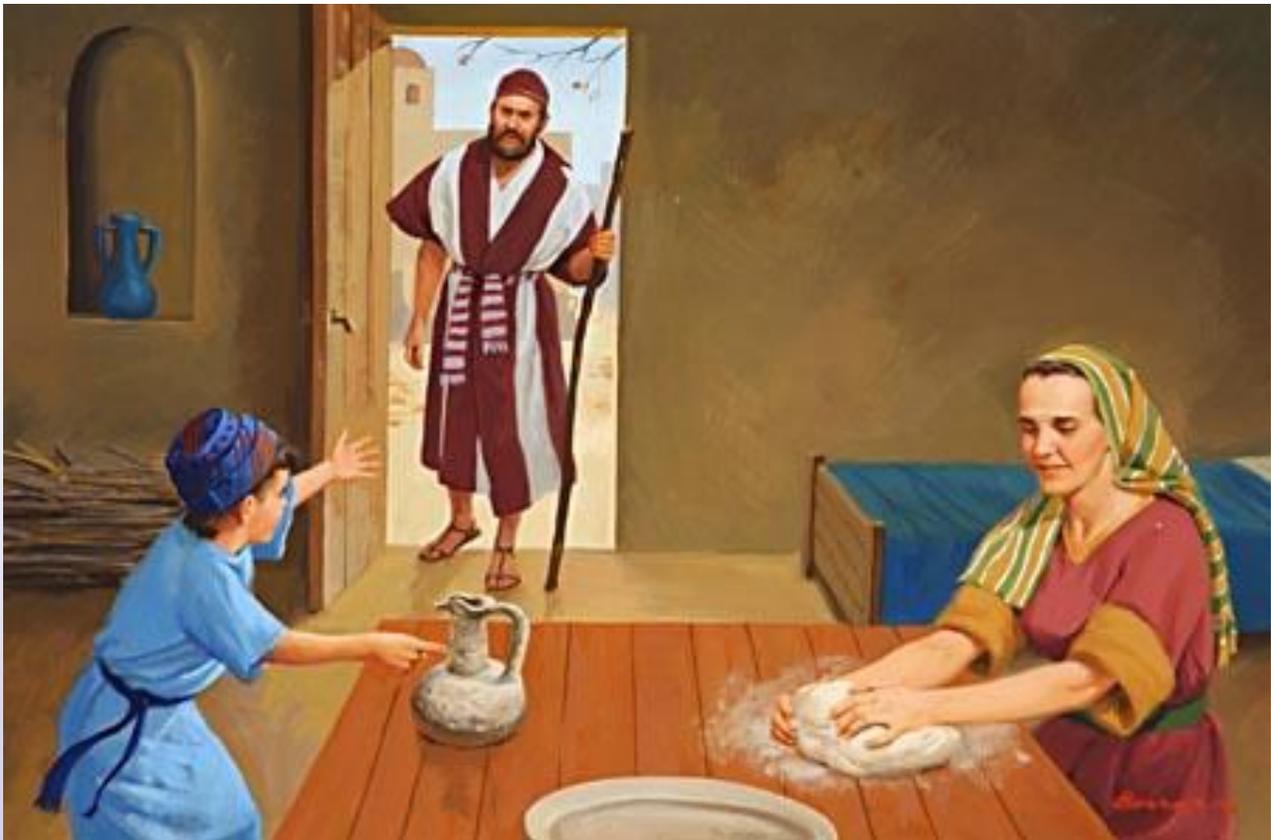
Bible Passage

1 Kings 17: 7-15

7 But after a while the wadi dried up, because there was no rain in the land. 8 Then the word of the LORD came to him, saying, 9 “Go now to Zarephath, which belongs to Sidon, and live there; for I have commanded a widow there to feed you.” 10 So he set out and went to Zarephath. When he came to the gate of the town, a widow was there gathering sticks; he called to her and said, “Bring me a little water in a vessel, so that I may drink.” 11 As she was going to bring it, he called to her and said, “Bring me a morsel of bread in your hand.” 12 But she said, “As the LORD your God lives, I have nothing baked, only a handful of meal in a jar, and a little oil in a jug; I am now gathering a couple of sticks, so that I may go home and prepare it for myself and my son, that we may eat it, and die.” 13 Elijah said to her, “Do not be afraid; go and do as you have said; but first make me a little cake of it and bring it to me, and afterwards make something for yourself and your son. 14 For thus says the LORD the God of Israel: The jar of meal will not be emptied and the jug of oil will not fail until the day that the LORD sends rain on the earth.” 15 She went and did as Elijah said, so that she as well as he and her household ate for many days.

Main Ideas

A long time ago, King Ahab and Queen Jezebel ruled over Israel. Queen Jezebel worshipped another God named Baal. She forced the Israelites to stop worshipping God and offer sacrifices to Baal. God sent Prophet Elijah to warn King Ahab of his punishment, a famine. During the famine, God took care of Elijah, a poor widow and her son.



Elijah and the Widow at Zarephath. Illustration © Review and Herald Publ. Assoc.

Activities & Review

Activity 1: Song – Cast your cares on the Lord

Listen to the song and learn together. This is the memory verse, Ps 55:22 put to music. <http://youtu.be/Vc9pEb-Ej7U>

Activity 2: Song - Christ the Solid Rock I stand

My hope is built on nothing less Than Jesus' blood and righteousness; I dare not trust the sweetest frame, But wholly lean on Jesus' name. On Christ, the solid Rock, I stand; All other ground is sinking sand, All other ground is sinking sand.

Activity 3: Hands-on “Making of the Bread”

Supplies:

Flour (to make 'bread')

Water (symbolizes oil)

Bowl (vessel)

Instruction: Have the kids act out the story of Elijah by using the supplies to demonstrate the widow's circumstances. Pretend to make food for all the kids. Help the children visualize what was created from so little.

Bring in some bread and break into pieces to share with the children.

Lesson Review:

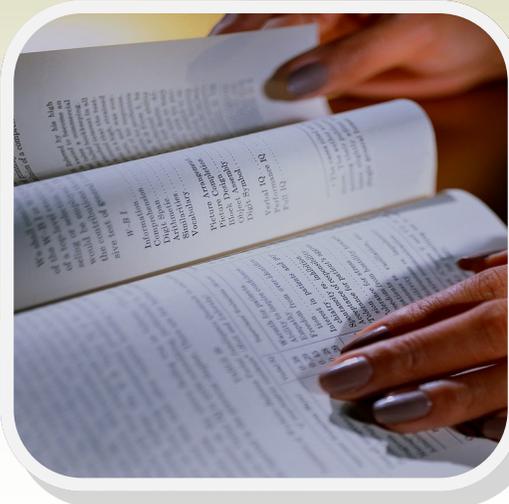
Key Terms:

- Prophet – a messenger from God
- Widow- a woman who has lost her husband
- Vessel- container, bowl
- Famine- lack of food
- Baal- false god
- Brook- a small stream

Questions:

- What is the role of a prophet? Who is the prophet in the story?
- In the story of Elijah, where did God tell him to go meet the widow and her son?
- What was the woman doing when Elijah arrived?
- What did you learn from the story of Elijah and the widow?

TEACHER'S CORNER



TEACHER'S NOTES

Background/ Application: Imagine you have only one piece of candy in your hand. Would you share it or would you have it all to yourself? Today, we will learn about a widow who had little and was asked to share with someone else.

Teaching Points:

- Explain the role of a Prophet.
- Disobedience to God yields consequences.
- Obedience to God is Faith.
- It is important to follow God in good and bad times.



OPENING PRAYER

Dear God, Thank you for bringing us together today to learn from your word. Open the eyes of our hearts and the ears of our mind to listen to your message for us today.

Amen.



CLOSING PRAYER:

Dear God,

I thank you for everything that you have given me. Enable me to share what I have with others and help me to be kind to others just like the widow was kind to Elijah. Thank you for your love and protection.

Amen.